

समर्पण samarpan

(Inspiring Change, Service Society: SAMARPAN
College's Best Practices Outreach)



PRACTICE TO BEST PRACTICE 1



Nehru Arts and Science College Kanhangad
Kasaragod Dist., Kerala, India

SAMARPAN

(Inspiring Change, Serving Society: SAMARPAN College's Best Practices Outreach)

Introduction

Nehru Arts and Science College has taken significant strides towards fostering an inclusive and supportive educational environment through its comprehensive outreach programs under the banner of "SAMARPAN" through *SAPTA* Prayans. The college's commitment to embracing diversity and addressing the unique needs of its student body and surrounding community and society including those who are differently-abled, socially and economically disadvantaged, and exceptionally talented female students. By implementing strategic initiatives meticulously designed to cater to the distinct requirements of each group, the college not only promotes inclusivity but also instills a culture of social responsibility and student well-being. Through these concerted efforts, Nehru Arts and Science College aims to cultivate a vibrant and inclusive educational community where every individual feels valued, empowered, and fully supported in their academic pursuits and personal growth. From fostering cultural sensitivity to promoting gender equity, capacity building, and addressing critical societal issues such as drug prevention and disaster preparedness, the college's outreach programs reflect its unwavering commitment to nurturing a socially conscious and environmentally responsible citizenry.

SAPTA Prayans

1. **Samanatha Samarpan** – Equity and Inclusivity
2. **Kavaj Samarpan** – Anti-Drug, Disaster Preparedness and Rehabilitation
3. **Samrudhi Samarpan** - Community and Social Welfare
4. **Evam Ekata Samarpan** – National Integration and Environmental Conservation
5. **Avishkar Samarpan**: Innovation Integration
6. **Shakti Sanjay Samrpan** - Capacity Building and Development
7. **Sanskriti Samarpan**: Cultural Sensitivity



Objectives of the practice

- 1. Equity and Inclusivity:** To ensure that outreach programs reach and benefit of marginalized and vulnerable populations, reducing disparities and promoting social justice. Empower women and promote gender equality through initiatives that address gender-based violence, provide economic opportunities, promote women's leadership and participation in decision-making processes, and ensure access to education and healthcare services for women and girls.
- 2. Antidrug, Disaster Preparedness and Rehabilitation:** To fight against the social evils like drug abuse and also strengthen the unexpected disaster management and preparations through devising response to mitigate natural disasters such as floods, covid-19 and post-disaster relief and rehabilitation efforts.
- 3. Community and Social Welfare:** Empower local communities, including tribal populations and marginalized groups, through capacity-building initiatives, skill development programs, and participatory decision-making processes to foster self-reliance and sustainable development. Also Improve social welfare services for vulnerable populations, including women, children, the elderly, and persons with disabilities, by providing access to social security schemes, healthcare, education, and other essential services to ensure their well-being and dignity.
- 4. National Integration and Environmental Conservation:** Raise awareness about environmental conservation and sustainable development practices, particularly in ecologically sensitive areas such as the Western Ghats and coastal regions, to preserve Kerala's rich biodiversity and natural resources for future generations. Swachh Bharat Abhiyan Scheme (Clean India Mission): It seeks to promote cleanliness in public spaces, including streets, roads, parks, and tourist destinations, by encouraging proper waste management and sanitation practices.
- 5. Innovation Integration:** Integrate innovative technologies and methodologies into outreach programs to enhance their effectiveness, reach new audiences, and adapt to evolving societal needs.
- 6. Capacity Building and Development:** Prioritize capacity building initiatives within outreach programs to empower local communities, organizations, and individuals, enabling them to become active participants and leaders in their own development.
- 7. Cultural Sensitivity:** Incorporate cultural sensitivity tailored outreach approaches to ensure that programs resonate with diverse communities and respect their cultural values and traditions.



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Samanatha Samarpan

समानता समर्पण

Equity and Inclusivity





उयरे

UYARE - SERVE THE BLESSED EMBRACING, DIVERSITY AND CELEBRATING UNIQ ABILITY

- Exhibitions
- International Day of Persons with Disability
- Snehaveed Rally
- ARIKE-Snehaveed Visit
- Kandarivu Nerarivu Survey
- Wheelchair Donation
- Flashmobs
- Our Role Model - Shamsudheen Anumodanam
- Buds School Cleaning

Having disabilities is not a certificate of being unable. The Nehru Arts and Science College Kanhangad realised this motto and worked with the objective of giving a platform to the differently blessed, to amplify their voice. The College conducted different and diverse programmes to support these people. Proudly, we can say that more the 500 people benefitted from the services and projects from Kasargod district till now, under the initiative of ‘Serve the Blessed’.

ARIKE - Love and Care for the Blessed

Arike is the project initiated with the objective of bonding with the differently blessed and spending quality time with them in order to make them feel happy and joyful. The students comprises NSS, NCC and Lahari Vimukthi Club visited Buds School in Kasargod and spend the whole day singing and dancing with the children, making sure they had quallity time of entertainment and fullfillness. Seeing them happy, our heats were filled with joy.



INTERNATIONAL DAY OF PERSONS WITH DISABILITY

With the aim to promote an understanding of disability issues and mobilize support for the dignity, rights and well being of persons with disability. NSS, NCC and Sahithyavedi members for participated in the Rally for persons with disability which took place on 2 December 2022.



Wheelchair Distribution

To promote mobility and enhance quality of life of people with movement disability. The college hosted, a special Rally was conducted and various cultural programmes and a Talent show by Umesan Kawacheri, a differently abled person was conducted NSS volunteers also participated in the culturas programmes and volunteered to manage the programme.



Our Role Model - Honmouing Shamsudheen

The unit honored Mr. Shamsudeen the UV Clerk with different abilities on 26 December 2022 at Cherupanathadi. He is a well known singer and film actor. He is also a motivational speaker. The Volunteers were motivated and inspired by his words.

Buds School Cleaning

NSS and NCC cleaned the newly constructed buds school at Panathady Grama Panchayat on 24 December 2022. The ward president Rajani inaugurated the function in the presence of the programme officers Vijayakumar and Vineeshkumar and Dr.Nandakumar Korothe, ward member Vincent.



Flashmobs

In order to spread awareness about understanding disability issues and supporting them, through artforms, NSS volunteers of unit 4 performed, flashmob in various places in Kasaragod. The NSS unit received vast support and appreciation from the audience.



आनन्द ANANDAM

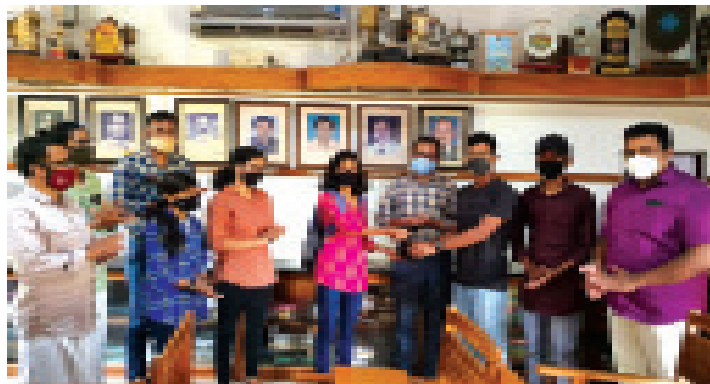
(Share Hair Share Positivity)
"Hair Donation Mega Initiative"



“Every strand of hair deserves a chance to help someone with their second chance.” Hair donation is a charitable act where individuals choose to cut and donate their long hair. Donating hair is a meaningful way to support those who are undergoing difficult medical treatments that often result in hair loss, helping them regain some normalcy and confidence during challenging times. The college never backed down from providing such helps. A special hair donation campaign was launched in the name ‘Aanandham- Share Hair, Share Positivity.’ The campaign was not confined within the college. This initiative encourage students of other colleges to donate their hair. A mega hair donation was conducted on 18th February 2022. 25 volunteers and non- volunteers of the college donated hair and inspired others with their service.

One hair donation camp and hair donation week was conducted by the NSS Units of NAS College Kanhangad.

Hair donation is a beautiful gesture of compassion and solidarity with those facing difficult circumstances. It provides an opportunity for individuals to contribute positively to the lives of others, offering comfort, hope, and support during challenging times.



പുസ്തക തണൽ

"A book is a gift you can open again and again"
- Garrison Keillor

Books play a quintessential role in every students life by introducing them to a world of imagination providing knowledge of the outside world and also had a great influence in their day to day life. NSS units and NCC and Sahithyavedi of Nehru Arts and Science College had donated books to the local library in kanhangad municipality on April 23, 2023 on the behalf of world book bay. The program was inaugurated by hand overing books to college principal.

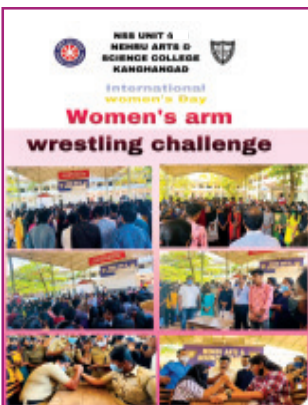


നारीമിത്ര WOMENS DAY PROGRAMME

Women's issue awareness programs are essential initiatives aimed at educating individuals, communities, and societies about the challenges women face and the importance of promoting gender equality. These programs raise awareness, challenge stereotypes, and advocate for positive change. NSS Units and college Women Cells of NAS College has conducted various programs on womens issues and women empowerment.

WOMEN'S DAY (09/03/2021):

On March 9, 2022 as part of women's day celebrations volunteers of NSS Units of Nehru Arts and Science College Kanhangad, gifted a token of love to all women staffs after which a debate session was successfully carried out. The programme was supervised by the programme officer V Vijayakumar.



WOMEN'S DAY (09/03/2022):

On International Women's Day an arm wrestling competition was arranged by NSS Units. The contest was inaugurated by woman police constables Reshma mam and Greeshma mam by engaging in arm wrestling.



SELF DEFENCE CLASS

Womens Cell of has conducted several self defence classes and awareness for women.



നെഹറു ആർട്സ് ആന്റ് സയൻസ് കോളേജിലെ എസ്.എസ്.എസ് വിദ്യാർത്ഥിനികൾ സംഘടിപ്പിച്ച സമാ പ്രതിരോധ പരിശീലന പരിപാടി

പ്രതിരോധ പരിശീലന പരിപാടിയുമായി എൻ എസ് എസ് വളങ്ങളിയേഴ്സ്

കാഞ്ഞങ്ങാട് : ഇന്റർനാഷണൽ ഗേൾ റൈസിംഗ് ഡെന്റുമാരിൽ ബന്ധപ്പെട്ട കരുത്ത് പകർന്ന നെഹറു ആർട്സ് ആന്റ് സയൻസ് കോളേജിലെ എസ്.എസ്.എസ് വിദ്യാർത്ഥിനികൾ തങ്ങൾ പഠിച്ച സമാ പ്രതിരോധ പരിശീലന മുറുകൾ മറ്റ് വളങ്ങളിയേഴ്സുമായി പങ്കു വെച്ചു കൊണ്ടാണ് വളങ്ങളിയേഴ്സ് മാതൃകയായത്. മൂന്നാം വർഷ ബിരുദ വിദ്യാർത്ഥികളായ വർഷയാ മന്യയുമാണ് പ്രതിരോധ പരിശീലന പരിപാടിക്ക് നേതൃത്വം നൽകിയത്. പരിപാടിയിൽ എൻ എസ് എസ് പ്രോഗ്രാം ഓഫീസർ ബിജു എൻ സി , വി.വിജയകുമാർ എന്നിവർ പങ്കാളികളായി. വളങ്ങളിയേഴ്സ് സെക്രട്ടറിമാരായ രവീന്ദ്ര , ആർവിൻ, നക്ഷത്ര, ജിഷണു എന്നിവർ സംസാരിച്ചു. പ്രതിരോധം, ഇന്നത്തെ പരിതസ്ഥിതിയിൽ എത്രത്തോളം അത്യന്താപേക്ഷിതമാണെന്ന് എൻ.എസ്.എസ് വളങ്ങളിയേഴ്സ് ഇതിലൂടെ തുറന്ന് കാട്ടുന്നു.



SNEHAGADHA- WOMENS SAFETY

In association with Keshavaji smaraka vayanashala NSS unit 4&5 of Nehru arts and Science College arranged a webinar.



DOWRY Sthreedhana Virudha Dinam (25/11/2020)

As a part of Anti-dowry day, an online class on Dowry Prohibition Act and Domestic Violence Prohibition Act was organized in association with Department of Women and child Development District Women and Child Development Office, Kasaragod and Mahila Shakthi Kendra. The programme was inaugurated by Sri. Suhaib. M. (Sub Judge) Secretary DLSA Kasaragod. The resource person was Adv.Sreela Menon.

ENTREPRENEURSHIP DEVELOPMENT CLASS :

A program was organized in association with food safety department Kasaragod district. It was a awareness class for home bakers. Program was organized by Entrepreneurship Development Club.



◆ **National Girl Child Day (24/01/2021):**

A webinar organised on National girl child day in association with Vanitha shishu vikasana vakuppu and Jilla shishu samrakshana unit, Kasaragod. 100 girls students actively participated the programme.



'NAVAJEEVAN' - Transgender Sensitization Program

Creating a transgender sensitization program is a valuable and important initiative to foster an inclusive and supportive environment for all. Such a program aims to raise awareness about transgender issues, eliminate discrimination and prejudice, and promote understanding and acceptance. The NSS and NCC of NAS College Kanhangad in association with social justice department conducted a transgender sensitization program on 9th March 2023.



SANITARY PAD DISPOSAL

To ensure proper disposal of sanitary pads, the volunteers of NSS Units created an awareness video on how to properly dispose sanitary pads and kept papers for disposal in the girls washroom.



Kavaj Samarpan

कवच समर्पण

Anti-Drug, Disaster Preparedness and
Rehabilitation





An initiative of Nehru Arts and Science College

AGAINST DRUGS

Under the banner of Kavaj, NSS units conducted:

- Formation of Jagratha Samithi (Institutional Level)
- Instalation of Awareness Board
- Public awareness campaigns
- Debates/Educational Programmes
- Community Outreach Programmes
- Online Pledge
- Rally/Flashmob/Mime/Drama
- Drug abuse pyramid
- Lighting the lamp
- Anti-drug wall painting
- Figure Scuptlor Against Drugs
- Poster Exhibition
- Human Chain (Manushya Shrigala)
- Mahal Committee Honouring
- Vimukthi Club
- Quiz Competition

Kavaj is an specially designed program to eradicate drug abuse and raising awareness about consequence of drug use and providing support to individuals who struggle with addiction. Under the banner of ‘Kavaj’ number of activities were conducted by NASC with the support of NSS volunteers and NCC cadets were actively involved in all the programmes under the banner ‘Kavaj’.

Anti drug activities in societies are essential in the ongoing battle against drug abuse and devastating impact. The Kavaj initiatives are designed to educate the people about the dangers of drug use and promote healthy and drug free lifestyle.

Public Awareness Campaigns - Rally

Public awareness campaigns serve as a powerful tool in safeguarding well being of individuals. NASC Kanhanhad conducted various awareness programmes like anti-drug Rally, marathon against drugs in association with YMCA from Hosdurg to Kanhangad on 3 October 2022. The volunteers actively participated in the marathon.



Educational Programmes

It is important to be aware of the risks associated with drug use to make in forced decision. It is also important to know how to recognize the signs of drug addiction and abuse. The NASC conducted educational and awareness classes for all the volunteers on 10 October 2022.



Community Outreach Programme

In association with Excise Department of Kerala Lahariyilla theruvu was conducted by NSS unit 4 of NASC Kanhangad. As part of the programme, a flashmob competition among college students was held. Twelve Arts and Science Colleges participated in the competition. In addition, a rally and instant quiz competition was conducted. The programme was held on 26th January 2023.

Online Pledge and E-certificate

The volunteers of NSS units and NCC, NASC Kanhangad took the pledge from mygov.in portal and received digital certificates of it. Moreover, the volunteers encouraged other students in the college to take the pledge and be a part of anti-drug campaigns.



Flashmob

Flashmobs were performed by the students at various places in Kasaragod district as it is a medium to spread awareness about the in effects of drug dependency, display placards with anti-drug quotes and messages. Other cultural programmes like mimes and dramas were also performed by the volunteers in the college campus.



Drug Abuse Pyramid

In order to create awareness about the harmful effects of drug abuse, the volunteers created a human pyramid carrying messages against drug abuse on 2 December 2022. All the students in the college were actively participated Pyramid Processes. Anti drugs Slogens Placards were raised in the pyramid there were 20 volunteers in the NSS Units participated the pyramid and gives message to the public about the drugs and harmful effects. It was a nice gesture against the antidrug camp more messages can be delivered easily.



Lighting the Lamp - 02/10/2022

The volunteers lighted lamps and torches against drugs and spread awareness about the dangerous effects of substance abuse. 56 volunteers of NSS unit 4 of NASC Kanhangad actively participated in the programme.



Anti-drug wall painting

The Nehru Arts and Science College conducted a wall painting 'Say no to drugs' to create awareness against drugs at Kolichal, a place sharing borders in Kerala and Karnataka. The programme was inaugurated by Dr.Sujith of Payyannur college. 100 students made their contributions on the wall. A wall painting against drugs can effectively convey a message of hope, resilience, and the importance of making healthy choices. Many public appreciated the work initiated by the college.



International Day Against Drug Abuse

As part of international Day Against Drug Abuse the NSS and NCC Units of NASC Kanhangad created a figure sculptor with shawls of different colours. The programme was conducted under the leadership of well known artist Prabhan Nileshwaram on 14 January 2023.

200 NSS Volunteers brought different colours Shawls from their home and using the shawls created the picture. The leading news chanel Asianet, Reporter TV cover the news.



ഔഷധങ്ങൾ അനുയോജ്യമല്ലെന്ന് വിശദീകരിക്കാനും അതിനെതിരെ സാമൂഹികാചാര്യന്മാരുടെയും സന്നദ്ധതയോടെ കോളേജ് വിദ്യാർത്ഥികൾ കോളേജ് മൈതാനത്ത് ഒരു വലിയ ചിത്രം വരച്ചു. ചിത്രം വരയ്ക്കുന്നതിൽ 200-ഓളം വിദ്യാർത്ഥികൾ പങ്കെടുത്തു. ചിത്രം വരയ്ക്കുന്നതിൽ പങ്കെടുത്തവരുടെയും അതിനെതിരെ സാമൂഹികാചാര്യന്മാരുടെയും സന്നദ്ധതയോടെ കോളേജ് വിദ്യാർത്ഥികൾ കോളേജ് മൈതാനത്ത് ഒരു വലിയ ചിത്രം വരച്ചു.

ഔഷധങ്ങൾ അനുയോജ്യമല്ലെന്ന് വിശദീകരിക്കാനും അതിനെതിരെ സാമൂഹികാചാര്യന്മാരുടെയും സന്നദ്ധതയോടെ കോളേജ് വിദ്യാർത്ഥികൾ കോളേജ് മൈതാനത്ത് ഒരു വലിയ ചിത്രം വരച്ചു. ചിത്രം വരയ്ക്കുന്നതിൽ 200-ഓളം വിദ്യാർത്ഥികൾ പങ്കെടുത്തു. ചിത്രം വരയ്ക്കുന്നതിൽ പങ്കെടുത്തവരുടെയും അതിനെതിരെ സാമൂഹികാചാര്യന്മാരുടെയും സന്നദ്ധതയോടെ കോളേജ് വിദ്യാർത്ഥികൾ കോളേജ് മൈതാനത്ത് ഒരു വലിയ ചിത്രം വരച്ചു.

Poster Exhibition in Bus Stand

NSS volunteers of unit 4 associated with District Savodaya Mandalam Padnakkad to conducted an anti-drug awareness programme. It was inaugurated by Dr.T.M Surendranath. The volunteers also took an anti-drug abuse pledge in the programme. Later, a poster exhibition was also arranged with the NSS volunteers holding placards of anti-drug messages.



Mime Show

The students of Nehru Arts and Science College conducted a mime show highlighted the messages of drugs abuse.

Nehru Arts and Science College Kanhangad did a mime show against anti drugs on 11/6/2023. Programme was held at Nileswaram and Kanhangad. It got good feedback from the public. Vaishag, Sanjay, Meenakshi and Sreejeesha led the way. Ten students participated the mime. Hridhya, Jeena, Mayukha, Meenakshi Avani, Sudhina, Gayatri Avani, Amrutha, Gopika played the mime.



Human Chain Against Drugs

800 students of NASC formed a human chain as part of 'Say No to Drugs' campaign, in front of the national highway. The fight against drug abuse demands collective action, and a powerful way to symbolize this unity is through an anti-drug human chain. Just as links in a chain are interconnected, individuals and communities can come together to form a human chain that sends a strong message against drug abuse. A human chain is a visual representation of solidarity and interconnectedness. By joining hands and forming a chain, we can convey the message that we stand together, committed to combating drug abuse as a united force. More than 800 people join hands together and take the pledge also. Two human chains were made, one comprised fully NSS and NCC and other one made the support of non volunteers and other teaching and non teaching staff.



BODHYAM

Quiz Programme

The Kasaragod district level competition of the BODHYAM '22 Anti Drug Quiz Competition that was happening all throughout Kerala, as part of the joint mission of State Higher Education Department, National Service Scheme, State Excise Department And Vimukti Mission was conducted at Nehru Arts And Science College Kanhangad On 18th October 2022.



Participants representing various schools, colleges, IHRD, technical education in Kasaragod participated in the quiz competition. The quiz conducted under the leadership of quiz master Rajesh Scaria Sir was a successful one. Kudumbasree members, NSS Program Officers, parents, Higher Secondary and Polytechnic teachers was present at the college during the competition.





The college principal Dr. K.V Murali was the President of the inaugural function that took place in the college. Kanhangad Municipality Chairperson K.V Sujatha inaugurated the function. Kannur University Student Welfare Director Dr. Nafeesa Baby gave the keynote address. The Anti-drug cultural events were inaugurated by Adv. Shukkur, public prosecutor and film-actor. Deputy Excise Commissioner D. Balachandran released the Anti-drug leaflet and spoke a few words.

As part of BODHYAM'22 Kasaragod district- level competition, various other programs were also organised. Around 12 programs, BODHYAM leaflet release, P.R.D leaflet release, penbox distribution, memento giving, anti-drug pledge taking ceremony, human chain against drugs, Say NO to Drugs lighting lamps, anti drug marathon, flashmob at Nileshwar bus stand and Kanhangad Municipality were organised.



With a participation of 88 students, the BODHYAM'22 was a great success. It served as a platform for the students to exhibit their knowledge and talents. BODHYAM'22 was a great opportunity to put forward anti drug messages in the public and among the students in particular.



Instalation of Awareness Board Inside the Campus

Nehru arts and science college installed anti-drug awareness board to promote awareness about the dangers of drug abuse and encourage a drug-free environment within our college institution. The board visually engaging and attention-grabbing, featuring anti-drug slogans. Consider incorporating statistics, real-life stories, and the consequences of drug abuse. Ensure that the board reflects the ethos and values of the educational institution. The board is placed in the prominent place in campus.



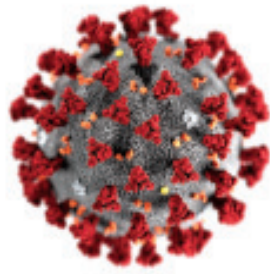
ASAAD SENA (Agents for Social Awareness Against Drugs)

A workshop of Asaad Sena for NSS programme Officer of various higher secondary schools to colleges in Kasaragod district was hosted by NSS Unit 04 of NAS College Kanhangad. V Vijayakumar was appointed as the District Co-ordinator.

Proud Achievement:

The name ASAAD SENA (Agents for Social Awareness Against Drugs) was suggested by our volunteer Anusree and was selected by the State Cell.





COVID-19 कोविड -19

- Honouring in 101 Languages
- Recycling and Bottle Art
- Covid X-Mas Tree Making
- Covid Task Team
- Fancy dress competition for kids on Gandhi Jayanti
- Respect to Kanhangad Municipality
- Mask distribution at college canteen
- Mask making challenge
- Mask making video tutorial
- Medicine distribution at Snehalayam
- One man drama
- Let the youth speak- Online Speech Competition
- Oozham' 21
- Break the Chain- Short film
- Let us speak through masks (Hindi Short Film)
- Tanal Snehaveed Exhibition and Street Play

Honouring in 101 Languages (10/08/2020)

A programme was held by the NSS units, NCC units and health club of Nehru Arts and Science College Kanhangad which aimed at the expression of gratitude and respect to the entire team including the police, health and various departments who play an important role in the covid-19 pandemic. All the students of the college thanked the super fighters in 101 different languages of different nations. The programme was inaugurated by Honorable Revenue Minister of Kerala-Chandrashekhara through the online platform.



Covid X-Mas Tree Making (24/12/2020):

A unique Christmas tree was made by the students and teaching community using sanitizers, masks and gloves instead of stars and other decorations. It is to spread awareness about covid-19.



COVID TASK TEAM

In association with MGNCRE-SAP Ministry of Education , Govt. of India a covid task team was formed consisting 5 groups providing different necessary services.



RESPECT TO KANHANGAD MUNICIPALITY (24/09/2020):

Kanhangad Municipal Corporation Chairman VV Ramesan Sir and Standing Committee Chairman, who are engaged in Covid defense activities at the risk of their lives in the Covid epidemic that is conquering the country, were honored by the units by giving memento to the entire staff.

NSS Program Officers Dr. Supriya NT, V Vijayakumar, Volunteer Secretaries Aditya V, Haritha KV, Anuvind and Nandakishore led the program.

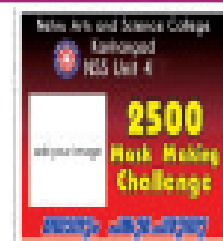
Mask Distribution at College Canteen (26/01/2021):

Masks were distributed to the workers of our college canteen. The distribution was conducted with the presence of college principal.



Mask Making Challenge (15/08/2020):

On behalf of covid 19 pandemic NSS volunteers of Nehru Arts and Science College Kanhangad took a challenge to make 2500 masks.



Mask Making Video Tutorial (17/07/2020)

A tutorial video was made to teach students and other peoples to make mask themselves. It was a great initiative from Nehru Arts and Science College Kanhangad towards the society.



Medicine Distribution at Snehalayam (19/12/2020):

Medicine distribution was done at SNEHALAYAM as hundreds of people at Snehalayam was suffering from Covid-19. It was a relief for people at Snehalayam during the pandemic.

One Man Drama (02/10/2020):

As a part of covid awareness; a one man drama was performed by second year BCom student P.Suraj.



LET THE YOUTH SPEAK Online Speech competition (15/01/2021):

An online speech competition was held to celebrate youth week. The topic of the competition was society in your vision.

Covid Vaccine Centre Duty (12/04/2021):

Our students Athulya and Nitya helped in the vaccination process at District hospital Kanhangad.



OOZHAM 21 - Online Camp

During the situation of pandemic cultural centers of Nehru Arts and Science College celebrated online youth festival in a successful manner with various colourful programmes. Each and every programmes were very competitive. This platform helps students to explore their talents and helps to mingle students each other and it makes students relief from their daily online platform.

This programme was inaugurated by well known junior artist Mr. Unni Raj, Chervathur. The Famous activist and dancer Miss Esha Kishor and well known actor and fitness enthusiast Mr. Shiyas Kareem delivered thankful words behalf of Oozham, online programme.



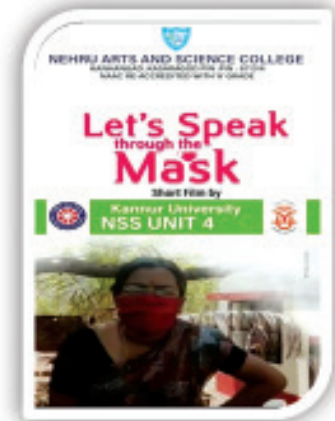
Break The Chain Short Film

തൃപ്പല്ലെ തോറ്റുപോവും (12/06/2020):

In order to convey the importance of following precautions to prevent the spread of Covid 19 in the society, NSS volunteers of Nehru Arts and Science College Kanhangad made a short film about the negative effects of spitting in public places during the pandemic.

'LET US SPEAK THROUGH MASKS' (HINDI SHORT FILM) (20/05/2020):

A programme was held by the NSS Units, Nehru Arts and Science College Kanhangad on the theme "LET US SPEAK THROUGH MASK". The programme aimed at creating an awareness and importance of speaking through the mask. The programme was inaugurated by Prof. Gopinath Raveendran, Vice Chancellor, Kannur University. The programme was successfully coordinated by the programme officer Mr. Vijayakumar along with the volunteer secretaries and the entire NSS volunteers.



N VACCINE - The Vaccination Supporting Initiatives

During the widespread of Covid-19, vaccination is a key tool in public health efforts to control infectious diseases. Vaccination is essential to protect individual health, build community immunity, control the pandemic, and pave the way for a safer and healthier future. It requires collective efforts and cooperation from individuals, healthcare providers, governments and organizations to ensure equitable access and successful vaccination campaigns.





Mega Vaccination Camp (20/04/2021):

A free covid vaccination mega camp was organised at Vyapara Bhavan, Kanhangad in association with Kanhangad Municipality, Kanhangad merchants Association, Kanhangad Rotary and Press forum Kanhangad

THERUVU NADAKAM (22/02/2021):

A drama was organized by NSS unit 4 & 5 and health club Nehru Arts & Science College on the theme 'Importance of covid vaccination'. This drama helped to convey the message to the viewers.



PRATHIPHALANAM – Street Play on Importance of Social Distancing and Vaccination (05/05/2021):

A drama was organised at Kanhangad town in association with JCI Kanhangad. It conveyed the message to the huge crowd. It was a drama on the Corona and the environment. It was inaugurated by the famous writer, Ambikasudan Mangad. This drama focuses on the importance of vaccination.





FLOOD RELIEF

Nehru Arts and Science College's NCC 32 Kerala Battalion Company 3, along with college fraternity, played a vital role in the rescue operations during the floods in Kerala. On August 24, 2018, a group of 60 cadets actively participated in cleaning flood-affected areas in Kottiyur. Under the supervision of Company Commander Lt. Nandakumar Koroth, cadets worked tirelessly to clean schools, libraries, and other public places, removing debris and garbage left behind by the floods. Their efforts were crucial in restoring normalcy and cleanliness to the devastated areas. This collaborative initiative showcased the commitment and compassion of the college community towards assisting those affected by natural disasters. The participation of NCC cadets not only provided practical support but also demonstrated the spirit of service and solidarity ingrained in the college's ethos.





NASCian Disaster Management Team (NDMT)

Introducing the NASCIAN Center for Disaster Management, spearheaded by Dr. Ajesh A M. and Dr. Nandakumar K, Assistant professors from the History Department, alongside 7 college students. The team's primary objective is to proactively tackle natural calamities, man-made disasters, and building-related emergencies. Through comprehensive training, the center aims to enhance disaster preparedness and response capabilities both within the college campus and in surrounding areas. With a focus on community resilience, the NASCIAN Center for Disaster Management stands ready to safeguard lives and property during times of crisis.



Samrudhi Samarpan
समृद्धि समर्पण
Community and Social Welfare





VAYORAKSHA (Activities for Old Age)

Digital literacy is crucial for senior citizens as it empowers them to navigate and use technology effectively. NSS Units and Sahithyavedi of NAS College had conducted many programmes under ‘Vayosaksharatha’ project by connecting old age peoples in the society. One of such highlight programme is the programme based on digital literacy.

VAYO LITERACY DAY (08/09/2020)

September 8 is celebrated as Literacy Day every year to commemorate the contributions made to the advancement of human civilization. On this day volunteers of NSS Units had taken digital literacy classes to the elderly people in their neighbourhood with the aim of calling out the important and need for literacy to people all over the world. The activities full compliance with the covid protocol.



PALLIATIVE

Nehru Arts and Science College, in collaboration with the National Cadet Corps (32 Kerala Battalion, Company 3), NSS, and other student fraternities, organized a significant initiative focused on palliative care.

The team aiming to raise awareness about the challenging living conditions faced by many individuals in our society. This program also sought to instill the value of kindness and compassion among students. The Associate NCC Officer facilitated the distribution of food items to the patients, with the

participation of 10 cadets. Through this endeavor, NAS College demonstrated its commitment to social responsibility and community welfare, while NCC and NSS played pivotal roles in executing the program effectively. Such collaborative efforts underscore the importance of collective action in addressing societal issues and fostering a culture of empathy and support within the college community.





सर्वे SURVEYS

- Early intervention survey
- Survey for fishermen community
- Health survey
- Anti- Drug survey
- Digital survey
- Haritha survey

Surveys play a significant role in society and have a wide range of impacts that influence various aspects of our lives. They provide a structured approach to gathering data and insights from a diverse cross-section of the population. Surveys can gauge public awareness and attitudes towards environmental issues, such as climate change, pollution, and conservation. Understanding public perceptions helps in formulating effective environmental policies. By conducting surveys on these societal problems, with the support of the volunteers of NSS Units and Anti Narcotic cell and NCC cadets the college can gain a comprehensive understanding of the issues and design targeted interventions to address them effectively.



Early intervention survey

A survey was conducted on 16/02/2021 in association with Snehaveedu Ambalathara in order to find out the inborn disabilities in children. The programme was inaugurated by C.K Aravindan President Pullur Periya Grama Panchayath.

Survey for fishermen community

A Survey was conducted on 04/12/2022 to study the problems faced by fisherman community. The programme was conducted in a Church located at the bekal beach.



Health Survey

A survey was conducted to study health conditions of the family of the differently abled children in the ambalathara snehaveedu. A valuable survey was collected by our volunteers.



Anti-Drug Survey

A survey was conducted 24/12/2022 to provide an awareness on drug abuse in panathady village. The programme was inaugurated by Rajani President of panathady grama panchayath.



Digital survey

A survey was conducted on 25/12/2022 to provide an awareness on digital literacy and cyber cheating or cyber abuse in panathady village. The programme was inaugurated by Rajani K President panathady gram panchayath.



Haritha Survey

A survey was conducted on 03/11/2022 sticking QR code in the house in kanhangad municipality. The programme was inaugurated by K V Sujatha municipal chairperson Kanhangad.



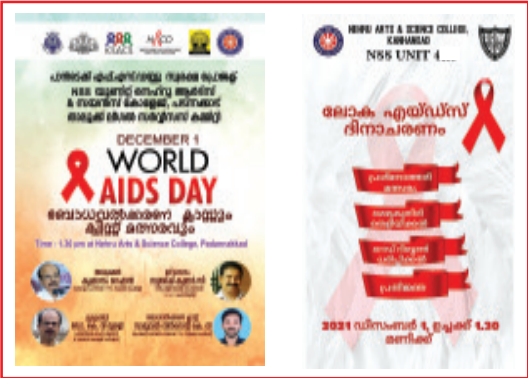


AIDS has become one of the most significant public health challenges, affecting millions of people worldwide and triggering substantial social, economic, and medical consequences. Beyond its medical consequences, AIDS has been accompanied by stigma and discrimination against those living with the virus. Fear, misconceptions, and prejudice have created barriers to HIV testing, treatment, and prevention efforts. Addressing stigma is essential to creating an environment where individuals feel comfortable seeking care and support.

Nehru Arts and Science College Kanhangad has conducted various programmes aimed to raise awareness about HIV/AIDS, combat stigma, and encourage people to get tested. Utilized various channels, including social media, community events, workshops, and collaboration with local healthcare facilities the efforts were successful in reaching a diverse audience and making a positive impact on HIV awareness.

World AIDS Day Awareness Class and Quiz Competition

On World AIDS Day the volunteers of NAS College in association with Taluk Legal Services Committee conducted an awareness class and quiz competition to increase public awareness about HIV/AIDS, its transmission, and prevention methods. The programme was inaugurated by Suresh Kumar. C, Special Judge and Chairman T.L.S.C. Hosdurg. The class was taken by Samuel Vincent K.V, Project Manager Pantech FSW Suraksha Project.



'OSOM' 22- Be Awesome For A Cause "OPEN STAGE OPEN MIND"

OSOM'22 is a district level talent show for college students with aim of spreading preventing HIV conducted on 30th July 2022. The programme was conducted at Nehru Arts and Science College Kanhangad by Kerala AIDS Control Society with full cooperation of if NAS College. The volunteers exhibited their various talents through dance, monoactsstand up comedy etc based on the theme 'prevent HIV transmission.'



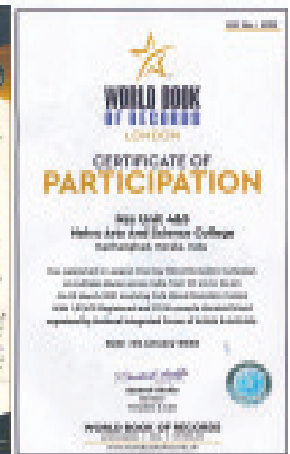
- International Life Saver Award for Voluntary Blood Donation in World Book of Records, London
- Blood donation Camp
- Blood Donors Data Bank
- Blood donation at District Hospital

Blood donation is a critical and life-saving activity that plays a crucial role in modern healthcare systems. It involves voluntarily giving a portion of one's blood to be used for medical purposes, typically to save the lives of those in need. The NAS College Kanhangad has never failed to help the people who are in need.

International Lifes Saver Award and World Book of record - Voluntering Bood Donation

NASC has proudly been awarded International Life Saver Award for organizing voluntary blood donation camp, 23 March 2023, Martyrdom Day of Shaheed Bhagath Sing, Rajguru and Sukhdev, International Blood and Plasma Donation Campaign.

The NSS Unit of NASC has received Certificate of Participation by the World Book of Records London for supporting in Largest One Day Blood Donation Campaign.



Blood Donation Camp

NAS College has conducted many blood donation camps over the years with support of NSS Unit and NCC. A mega blood donation camp was successfully conducted at the Nehru College campus. All the students of the college actively took part in the camp and donated their blood for a good cause. The camp served as an example of humanity coming together to make a difference, fostering hope and support in challenging times. With such dedication and generosity, the volunteers had set a precedent for future blood donation drives, inspiring others to follow suit and join the life-saving cause.



സന്നദ്ധ രക്തദാന ദിനാചരണം നടത്തി

കാഞ്ഞങ്ങാട് • ജില്ലാ മെഡിക്കൽ ഓഫീസ്, ദേശീയാരോഗ്യ ദൗത്യം, എയ്ഡ്സ് കൺട്രോൾ സൊസൈറ്റി, കാഞ്ഞങ്ങാട് നെഹ്റു ആർട്സ് ആൻഡ് സയൻസ് കോളേജ് എൻഎസ്എസ് യൂണിറ്റ് എന്നിവ ചേർന്നു നടത്തിയ ദേശീയ സന്നദ്ധ രക്തദാന ദിനാചരണം ജില്ലാതല ഉദ്ഘാടനം ജില്ലാ പഞ്ചായത്ത് പ്രസിഡന്റ് ബേബി ബാലകൃഷ്ണൻ നിർവഹിച്ചു. ഡപ്യൂട്ടി ജില്ലാ മെഡിക്കൽ ഓഫീസർ ഡോ. എ.ടി.മനോജ് അധ്യക്ഷത വഹിച്ചു.

ഡപ്യൂട്ടി ജില്ലാ മെഡിക്കൽ ഓഫീസർ ഡോ. എ.വി.രാഘവൻ, ജില്ലാ ഐഎഎ പ്രസിഡന്റ് ഡോ. ബി.നാരായണ നായിക്, കാഞ്ഞങ്ങാട് ജില്ലാ ആശുപത്രി ജൂഡ് ബാജ് മെഡിക്കൽ ഓഫീസർ ഡോ. നിഖി ജോൺ, ജില്ലാ എഡ്യൂക്കേഷൻ ആൻഡ് മിഡിയ ഓഫീസർ അബ്ദുൽ ലത്തീഫ് മാത്തിൽ, കാഞ്ഞങ്ങാട് നെഹ്റു ആർട്സ് ആൻഡ് സയൻസ് എൻഎസ്എസ് യൂണിറ്റ് വൊളന്റിയർ സെക്രട്ടറി ആന്റിമിൻ ക്രിസ്റ്റി, ജില്ലാ എയ്ഡ്സ് കൺട്രോൾ ഓഫീസർ ഡോ.ടി.പി.ആമിന, ഡപ്യൂട്ടി ജില്ലാ എഡ്യൂക്കേഷൻ ആൻഡ് മിഡിയ ഓഫീസർ എസ്.സയ്യാ എന്നിവർ പ്രസംഗിച്ചു. പാത്തോളജിസ്റ്റ് ഡോ. ശരണു പുരൂഷേത്തമൻ ക്ലാസെടുത്തു. കാഞ്ഞങ്ങാട് ജില്ലാ ആശുപത്രി, കാസകോട് ജനറൽ ആശുപത്രി എന്നിവിടങ്ങളിൽ ജൂഡ് ഡോണേഷൻ കേരളയുടെ സഹകരണത്തോടെ രക്തദാന ക്യാമ്പും നടത്തി.



चिरक

FLYING WINGS

(A Multistoried Building - Best practices of NAS Collage)

Disabled does not mean less abled. NSS Units of Nehru Arts and Science College and other students and teaching fraternity never backed down from helping the differently blessed students. It is well known that Kasaragod district has a disproportionately higher number of children with cerebral palsy and other brain-related diseases due to the widespread use of the insecticide endosulfan in cashew plantations. It is a reality that despite the government providing meager financial assistance, the lives of endosulfan victims and children with cerebral palsy and their families, especially the mothers of the children, remain miserable. Parents of these differently blessed children are tied to their child 24x7 without any sort of entertainment. Some parents cannot leave their child even to meet their primary needs. This makes their life more troublesome. It is under this background that Nehru Arts and Science College Kanhangad has orchestrated to work in forefront of the construction of Snehaveed. College realised this fact that they are to be properly cared keeping this primary



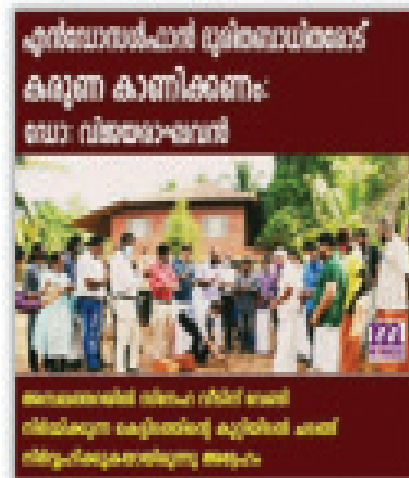
objective for motivating kind hearted initiatives. It was with continuous support and effective work of NSS Units and Sahityavedi the Snehaveed was able to construct a multistoried building of its own. For that, raising funds were an important element. The students and staffs worked day and night and raised the funds and collected them through some fundrasing



programmes like scrap challenge, food fest and through several other methods. The required funds for the construction had been raised through conducting various programmes like: Street dramas, food fest, exhibitions, craft works, paintings etc.

Right from the beginning to the present stage of development of Snehaveed, Nehru College and its NSS Unit has been a crucial part. We have provided our helping hands in all times of necessity and even bonded with children of Snehaveed and established good relations with them.

From the pinning of the Snehaveed building to laying of the foundation stones and construction at different stages, all the academic and administrative has made sure of its active presence. NSS has not only made effective contributions in the construction of the building, but has also established a deep sense of commitment with the inhabitants of Snehaveed. We have made regular visits with all the volunteers and spent quality time bonding with the innocent children, singing and dancing along with them. Making them happy, makes us feel contented. There are more than 60 inmates in the present house suffering all types of diseases. The volunteers of the unit gets a direct experiential learning about how these peoples lives are.



ENDOSULPHAN VICTIMS



SIGN LANGUAGE LEARNING

Nehru Arts and Science College's NCC 32 Kerala Battalion Company 3 unit conducted a one-day workshop on Sign Languages at the college premises on December 3, 2023. A total of 70 cadets, including 28 Senior Division (SD) and 42 Senior Wing (SW) cadets, actively participated in the program. The workshop aimed to familiarize cadets with sign language, enhancing their communication skills and promoting inclusivity. Associate NCC Officer, Captain Dr. Nandakumar Koroth, presided over the event, guiding the cadets throughout the workshop. Through practical sessions and interactive learning modules, cadets gained valuable insights into sign language interpretation and its significance in bridging communication barriers. The workshop not only enriched the cadets' knowledge but also reinforced the college's commitment to fostering inclusivity and sensitivity towards individuals with diverse communication needs.



ADHITHI DEVO BHAVA

The programme “Adithyam Hrudayamkond” was an initiative taken in order to provide accommodation for the participants and guardians who came from different places on the occasion of Kerala State School Kalolsavam. The facilities lasted for 4 days, from Nov 28 - Dec 1. The programme was successfully carried out under the supervision of Programme Officer V Vijayakumar, Volunteer Secretaries and volunteers of NSS units of Nehru Arts and Science College, Kanhangad. The accommodation was provided at the house of volunteers and faculty members of the College.



Evam Ekata Samarpan

एव एकता समर्पण

National Integration and
Environmental Conservation



THADAYANA

Nehru Arts and Science College's NCC and NSS students joined hands for a meaningful endeavor, crafting a 'thadayana' in the river at Cherupanathadi Gram Panchayat. This collaborative effort showcased the unity and spirit of service among the students. The project aimed to contribute to the beautification of the river and promote environmental conservation in the community. Led by dedicated student leaders, the NCC and NSS members worked together diligently to design and construct the 'thadayana.' Using eco-friendly materials, they ensured that their initiative aligned with sustainable practices. The project not only enhanced the aesthetic appeal of the river but also served as a symbol of the students' commitment to social responsibility. Through their combined efforts, the NCC and NSS students of Nehru Arts and Science College demonstrated their dedication to making a positive impact on the environment and the local community.



MANGROVE PLANTING



Nehru Arts and Science College's NCC students, along with teaching and non-teaching staff, organized a mangrove plantation drive at the river bank of Nileswar Municipality. With the collective effort of all participants, a staggering 100,000 mangrove plants were successfully planted. This monumental initiative not only aimed at environmental conservation but also served as a significant contribution to the local community. The program exemplified the college's commitment to sustainable practices and community engagement. By restoring mangroves along the river bank, the project helped enhance biodiversity, mitigate climate change impacts, and protect the coastal ecosystem. The collaborative efforts of NCC students, faculty, and staff members not only fostered a sense of environmental stewardship but also strengthened bonds within the college community. Overall, the mangrove plantation program was a resounding success, yielding positive outcomes for both the environment and the surrounding community.



SEA TURTLE

Sea Cleaning- Turtle Cradle

To create awareness about sea cleaning, and environmental degradation, NSS Units and Bhoomithrasena of NAS College created a sand-sculptor of Sea-turtles at Thaikadapuram sea shore.



SUCHITWA SAGARAM SUNDARA THEERAM

It is a project implemented to rid the sea and coastline of plastic and restore natural habitat. The programme was conducted on 24/09/2022 at Meenappees Kadappuram. The project mainly focused to eliminate plastic wastes that destroy fish resources and marine habitats.



SWATCHATHA- PAKHWADA

“Swachatha Pakwada” refers to a cleanliness fortnight or a 15-day cleanliness campaign, started from 16th to 30th September that is observed in India. It is a part of the Swachh Bharat Abhiyan (Clean India Mission) initiated by the Government of India to promote cleanliness and hygiene across the country. During the Swachatha Pakwada, various activities and initiatives are organized at different levels, including government offices, schools, colleges, universities, public institutions, and local communities. The campaign aims to create awareness about cleanliness, sanitation, and waste management, and to encourage people to actively participate in keeping their surroundings clean. NSS units conducted various programs based on “Swachatha Pakwada” project. Such programs are :

1) Railway station cleaning :- A programme was conducted on 20/08/2022 to clean Kanhangad Railway Station and it’s surroundings. The programme was inaugurated by health inspector Lakshmi Devi J . More than 20 volunteers become the part of cleaning mainly focusing on the parking area.



AZADI KA AMRIT MAHOTSAV

आज़ादी का अमृत महोत्सव



- Quiz Competitions
- Bekal Fort Cleaning
- Har Ghar Tiranga
- Independence Day Pledge
- Freedom Wall Painting
- Tiranga Rally
- Flag distribution
- Cultural programmes at Bekal Fort
- Honouring Freedom Fighter Sri. K.V Narayanan
- Anti- war Rally
- One Country One Voice

Azadi Ka Amrit Mahotsav, “the grand festival of independence” is an initiative launched by the Government Of India to commemorate the 75th anniversary of India’s Independence. The celebration commenced on March 12, 2021. The NAS College Kanhangad conducted number of programmes to celebrate the 75th anniversary of India’s Independence. The celebration aims to evoke a sense of pride in India’s rich cultural heritage, its struggle for freedom, and the achievements made since independence. During this commemorative period, various events and activities are organized by unit to honour the contributions of freedom fighters, showcase India’s diverse culture, and highlight the progress the nation has made in different sectors.

Quiz Competitions

NAS College Kanhangad in association with SBI conducted quiz competition on the topics financial literacy, freedom struggle and 75 years of Independence. The 100 volunteers of NSS unit participated in the quiz.



Bekal Fort Cleaning

Preserving heritage places requires a delicate balance between maintaining the historical integrity and addressing the challenges of time and environment. Therefore, it’s essential to approach cleaning with caution, and prioritize the long-term conservation of these valuable cultural assets. Cleaning heritage places on a national day is a wonderful way to show respect for the country’s history, culture, and heritage. On 12th August 2022, the students of Nehru Arts and Science College actively took part in the Bekal Fort cleaning and beautification program.



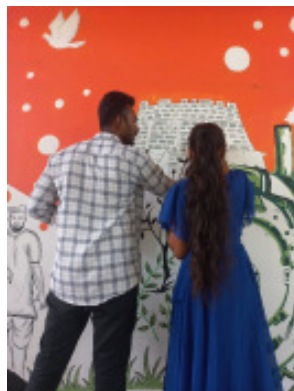
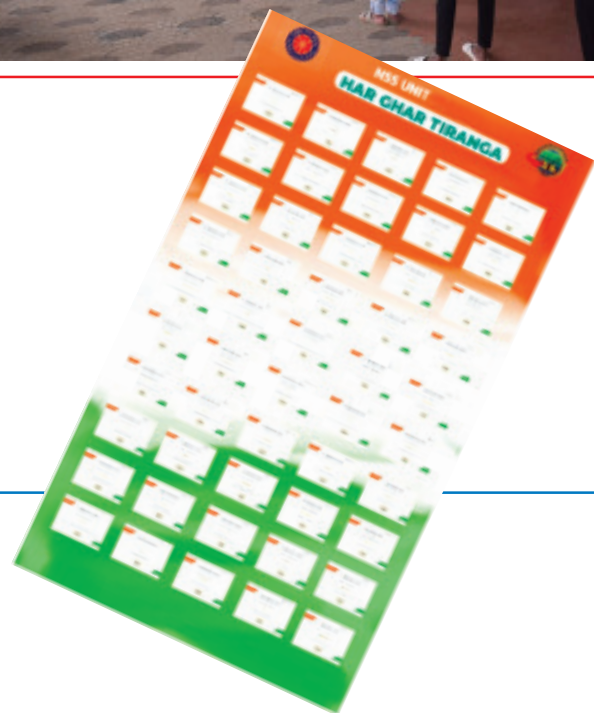
Har Ghar Tiranga

Har Ghar Tiranga, “every home, the tricolor” is an initiative to encourage every Indian household to proudly display the Indian national flag on special occasions and national festivals. It is a reminder of the nation’s struggle for Independence and a representation of the collective dreams and aspirations of its people. The NSS unit, NCC cadets took part in the Tiranga rally and marched from Pallikara over bridge to Bekal Fort on 12th August 2022.



Independence Day Pledge

300 students to pledge on Independence day to show allegiance and respect to the country. The pledge was lead by the college principal.



Freedom Wall

The freedom wall painting was one of the most important initiative of the NASC as part of Azaadi Ki Amrutmahotsav. The volunteers completed the whole wall within 24 hours working day and night with great interest. The paintings showcased prominent local freedom fighters who actively fought for the freedom of our country and important events leading to the independence of the nation.



Tiranga Rally

The students from NCC, NSS of NASC took part in the Tiranga rally and marched from Pallikara over bridge to Bekal Fort on 12th August 2022 carrying the national flag in the hands and waving it up high with pride. The volunteers together sang patriotic songs and marched in unity.



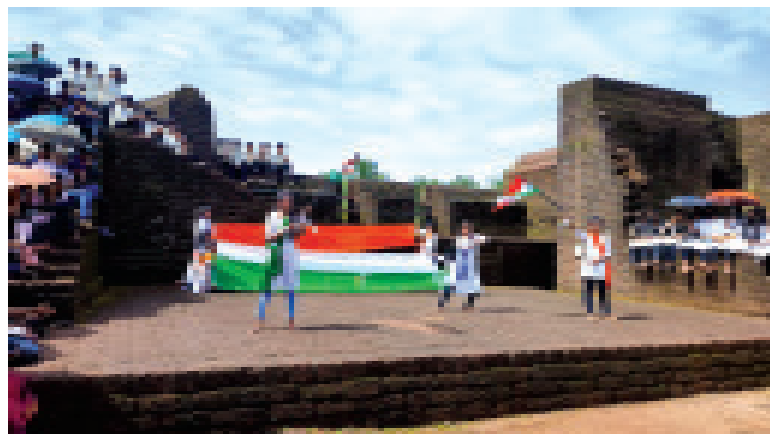
Flag Distribution 11/08/2022

On 11th August 2022, the Principal of NAS College distributed 300 national flags to the volunteers.



Cultural Programmes at Bekal Fort

In connection with Azad Ki Amrit Maholsav cultural events promoting the patriotism and highlighting the efforts of freedom fighters was hosted by NSS volunteers, NCC, Dept. History of NASC at Bekal Fort.





SWATCH BHARATH

एक कदम स्वच्छता की ओर

The NSS Units of NAS College Kanhangad initiated the Swatch Bharath campaign to promote cleanliness, sanitation and hygiene in the surrounding. The NSS Unit has conducted various programmes as part of Swatch Bharath campaign. It aims at encouraging proper waste disposal, and overall cleanliness to make our society cleaner and healthier. The volunteers actively participated in all the initiative by the unit. They sensitized the people or public on hygiene and cleanliness.



WORLD ENVIRONMENT DAY

World environment day was celebrated by The NSS Units, Biodiversity Club and Bhoomithrasena of NASC. Such as planting trees in the College and railway station Kanhangad, Cleaning programs in Theerthankara was conducted.



ENVIRONMENT DAY- CENTRAL

As per the direction of Central Government the NSS Units has cleaned the historical pond near to NASC and made it suitable for public use.



CLEAN INDIA CAMPAIGN

NSS Units of NAS College Kanhangad, under the banner of clean India campaign, conducted cleaning drive.



HIGHWAY CLEANING



HARITHA ELECTION

In a progressive move towards promoting eco-friendly elections, the NSS Units, Biodiversity Club and Bhoomithrasena of NAS College has taken an innovative step by providing coconut leaf baskets to various polling booths in Kasaragod district. This initiative aims to replace traditional plastic based materials used during elections with sustainable alternatives, aligning with the commitment to environmental conservation and responsible citizenship. By incorporating coconut leaf baskets into the electoral process, NSS aims to set an example in the society and foster greater awareness of eco-conscious practices during elections.



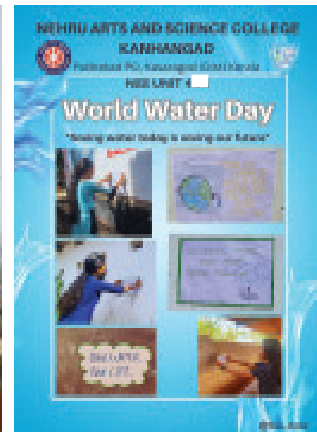
MALINYA MUKTHA NAVA KERALAM

A clean drive was organised by NSS volunteers to build a waste free society.



JALAJEEVAN MISSION

The NSS Units have organised a programme in World Water Day, by sticking “save water” quotes on the wall.



Avishkar Samarpan

अविष्कार समर्पण

Innovation Integration



DIGITAL LITERACY

D-SAKSHARATHA

വിശ്വതൊട്ടാൽ അറിയാം വിവരങ്ങൾ

Digital literacy is essentially the discovery, evaluation, creation and communication of information. In this modern era digital literacy is a basic thing. So in order to spread awareness on digital literacy NSS volunteers of NASC had conducted many programs.



E SAKSHARATHA

A program was organized to teach aged people about social media and its usage on Jan.14, 2021.



HOME LITERACY

A program was conducted at Panathady gramapanchayath on 24.12.2022 on digital literacy. 100 NSS volunteers visited more than 100 houses and spread awareness. The program was inaugurated by Panathady grama panchayath president Presanna Prasad.



Awareness on digital literacy was conducted by NSS volunteers participated in awareness program and it was inaugurated by college principal Dr.K V Murali.



DIGITAL LITERACY

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1. E Saksharatha

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Digital Literacy at Panathady

A program was conducted at Panathady Grama Panchayath on 24.12.2022 on digital literacy. 100 NSS volunteers visited more than 100 houses and spread awareness. The program was inaugurated by Panathady Grama Panchayath president Presanna Prasad.



FINANCIAL LITERACY PROGRAMME (PARTICIPATORY PROJECT)

Under the leadership of V. Vijayakumar, a certified SEBI resource person, the Department of Commerce organized a comprehensive financial literacy campaign focusing on innovations in banking and technology integration, including Ponzi schemes and money chains. With a proactive approach, the department conducted 400 programmes targeting Kudumbashree members and homemakers. These initiatives aimed to enhance awareness among participants regarding various financial instruments, risks associated with fraudulent schemes, and the importance of making informed financial decisions. Through engaging sessions and interactive discussions, attendees gained valuable insights into safeguarding their financial assets and identifying potential scams. The collaboration with SEBI underscored the commitment to promoting financial literacy and empowering individuals with the knowledge needed to navigate the evolving landscape of financial services and investments effectively.

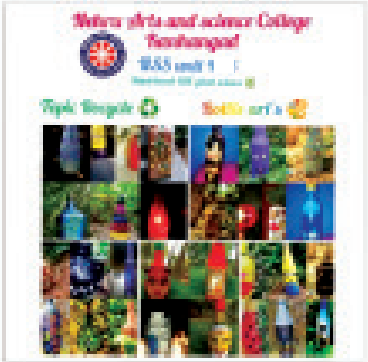




To promote creative ideas among volunteers NSS, ED Club of NASC college had initiated a craft workshop നൈപുണ്യം. The program was initiated to reduce the stress of volunteers during the covid period but it last long till now. Some of the crafts made by the volunteers where sold out and income was contributed to social service. Some of the activities are listed below.

BOTTLE ART

During covid time NSS, ED Club made use of waste bottles collected from the surroundings and made beautiful craft out of it. The program was initiated on January 14 2021 by painting bottles.



PEN BOX

In aiming of a plastic free campus NSS, ED Club had made pen box and distributed to each classes in college. The pen was collected from the pen box on weekly basis and were sold out to scrap collectors. Pen box was also gifted to the participants of district level Bodyam quiz on 18-10-2022.



PAPER PEN

To control the uncontrolled use of plastic pen, NSS and ED Club had made paper pen and distributed among college students. The programs was conducted on March 23, 2022.



MAT MAKING

Students from NAS college collected old dresses and reused it by making mats out of it.



WASTE BUCKET

NSS and NCC volunteers of NAS college had collected plastic bottles from the environment and made waste bucket out of it to spread awareness on environment conservation and to reduce the use of plastic. Program lasted for more than one week.



PHENOIL

NSS and Sahithyavedi of NASC had made and sell phenoil as a fund raising program to contribute to the fund of 'സ്മരണവീട്'.



UNITY IN CREATIVITY

Honorable Minister interacted with the students of Nehru Arts and Science college as a part of the program "Unity in Creativity" conducted by the Ministry of Cultural Affairs (MoC). Unity in Creativity is a program run by MoC across the country.

BIRDS

The NSS units and Bhoomithrasena NASC had launched 'ഐക്യനിധി' to protect the birds and other living beings from the severe drought. 100 NSS volunteers participated in providing water to birds through this project. The program was officially inaugurated by College Principal Dr. K V Murali on March 25, 2023 by placing a pot filled with water on the branch of trees in college. This project helped the students to witness how a small helping hand by volunteers become a great life supporting system to birds.



Sakti Sanjay Samarpan

शक्ति सँजय समर्पण

Capacity Building and Development



NET COACHING

The PG departments of Nehru Arts and Science College organized a comprehensive NET coaching program aimed at enhancing student success. Emphasizing key topics, group discussions, mock tests, and solving previous year question papers, the initiative was designed to provide a holistic preparation experience. The program witnessed significant student participation, with the majority of students actively engaging in the sessions. The evidence of its success was clear, as more than 50% of the students who participated in the coaching program successfully qualified the NET exam. This outcome underscores the effectiveness of the initiative in equipping students with the necessary skills and knowledge to excel in competitive examinations.



SET COACHING

The SET coaching program, organized by the PG departments of Nehru Arts and Science College, garnered significant student attendance. The program centered on key topics, facilitated group discussions, conducted mock tests, and encouraged solving previous year question papers. The success of the initiative was evident as over half of the participating students successfully qualified the exam. This outcome underscores the effectiveness of the coaching program in equipping students with the requisite skills and knowledge for competitive examinations.



CAREER CLASSES

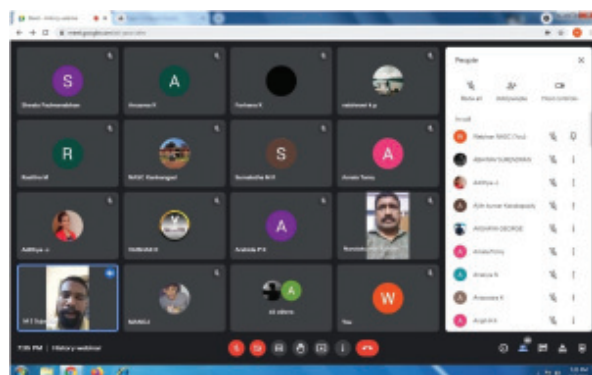
a) HSST Kerala P.Sc Coaching

The PG departments of Nehru Arts and Science College, in collaboration with the alumni association, organized Kerala PSC HSST coaching for aspiring students, drawing a substantial turnout. The program prioritized key topics, facilitated group discussions, administered mock tests, and encouraged the solving of previous year question papers. The success of the initiative was evident, with over 30% of participating students successfully cracking the exam. This outcome underscores the effectiveness of the coaching program in preparing students for the competitive Kerala PSC HSST examination.



b) Career in Archaeology by History Department

The PG Department of History at Nehru Arts and Science College, Kanhangad, partnered with the Nehruvian Centre for Competitive Examination Coaching to host a class on careers in archaeology for interested students. Ms. Sujanalal, a prominent researcher in archaeology, graced the event as the chief guest and led the session. She provided valuable insights into the field and also shed light on the Civil Services Examination. The session received an overwhelming positive response from students across the college, indicating their keen interest in exploring career opportunities in archaeology and related fields. Such initiatives not only broaden students' horizons but also inspire them to pursue their passions and excel in their chosen paths.



Career in Indian Airforce

The PG Department of History at Nehru Arts and Science College, Kanhangad, partnered with the Indian Air Force to organize a class on careers in the Air Force for interested students. The session provided detailed insights into the new opportunities and job openings available within the Indian Air Force. Students were given comprehensive information about various roles and responsibilities within the Air Force, inspiring them to consider a career in this esteemed institution. The session garnered a tremendous positive response from students across the college, highlighting their enthusiasm and interest in exploring career prospects in the Indian Air Force. Such collaborations serve to inform and motivate students to pursue fulfilling career paths and contribute to the nation's defense forces.





योगा

- World Health Day Yoga session
- Yoga Lecture
- International Yoga Day 2022
- International Yoga Day 2023 Quiz
- Yoga Pledge

The celebration of International Yoga Day has played a significant role in popularizing yoga globally and has encouraged millions of people to incorporate it into their daily lives as a means to promote well-being and lead a more balanced lifestyle. The NSS Units, health club of NAS College Kanhangad has conducted various events, workshops, and classes encourage the volunteers to experience the benefits of yoga.

The programme aimed at creating an awareness about the importance of yoga in our daily life. The volunteers participated in the programme through online platforms, practicing yoga from within their houses.

International Yoga Day 2022

On 21 June 2022, the NAS College Kanhangad conducted various programs like yoga demonstration and a class on importance of yoga by Dr. Seema G K, a yoga instructor and Ayurvedic doctor.



Yoga Lecture





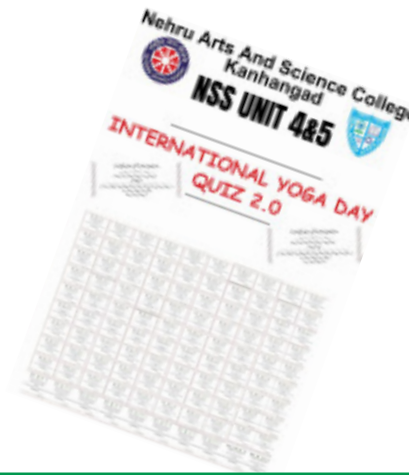
World Health Day Yoga session

On 10th April 2023, the NSS Units and Health Club of NAS College Kanhangad conducted Yoga session for the volunteers as part of World Health Day. 100 volunteers attended the session.



International Yoga Day 2023

On 21 June 2023, the NSS Units of NAS College Kanhangad in association with Nehru Yuva Kendra conducted Yoga demonstration and rally. The volunteers actively participated in the programs.



International Yoga Day 2023 Quiz

The students of NAS College Kanhangad participated in the Yoga Quiz conducted by Ministry of Ayush in the MyGov platform. The volunteers received e-certificates as part of it.

YOGA PLEDGE

The students took the Yoga Pledge of the Ministry of Ayush in the MyGov platform.



Sanskriti Samarpan
संस्कृति समर्पण
Cultural Sensitivity



Ek Bharat Sreshth Bharat



“Ek Bharat Sreshth Bharat” (EBSB) is an initiative promoting cultural integration and national unity among India’s states. Through workshops, cultural exchanges, and collaborative projects, it aims to foster pride in India’s diverse heritage and strengthen national unity. On April 12, 2019, Nehru Arts and Science College hosted a one-day workshop on EBSB activities, following the directives from the University. Students actively participated in diverse programs, which includes shows on Himachal Pradesh, dance performances, and musical renditions, all aimed toward introducing the Ek Bharath Shrest Bharath (EBSB) initiative. Dr. Supriya N. T., the Programme Officer, and NSS volunteer secretaries coordinated the occasion seamlessly. The workshop served as a platform for college kids to exhibit their talents, decorate their knowledge of NSS activities, and foster a spirit of cohesion and

collaboration. Overall, it changed into a a hit undertaking that engaged and empowered the scholars of Nehru Arts and Science College. The Ek Bharath Shrest Bharath Camp, held at NCC 32 Kerala Battalion Company 3 Nehru Arts and Science College, Kanhangad from 22 December 2018 to 2 January 2019, witnessed the participation of 500 cadets from Kerala and 100 from NCC Maharashtra Directorate. Inaugurated by D I G M J Vijay, CRPF Camp, Peringom, the camp focused on national integration. Activities included lectures on NCC’s role in national integration and women empowerment, awareness classes on cyber laws, and visits to promote integration. The concluding session showcased Kerala and Maharashtra’s dance forms, highlighting cultural fusion. Medals were awarded to winners, emphasizing the camp’s success in fostering unity.

YOUTH EXCHANGE

SGT Nandhakishore N, a second-year BSc Physics student, was chosen as the Sponsor Cadet for foreign cadets from the Czech Republic, Brazil, and Nepal during the Youth Exchange Programme of the Republic Day Camp in New Delhi, from January 1 to 28, 2024. He led cultural programs and was a special invitee to the Republic Day Parade with the foreign cadets.



CULTURAL EXCHANGE with Different States

The NCC 32 Kerala Battalion Company 3 at Nehru Arts and Science College, Kanhangad, hosted the Ek Bharath Shrest Bharath Camp for cadets from Kerala, Lakshadweep, and Maharashtra. Inaugurated by DIG M J Vijay and presided over by Camp Commandant Col A V Subrahmanyam, the camp featured lectures on national integration and cyber laws, a Christmas celebration, visits to significant sites, and awareness classes on women empowerment. The concluding session highlighted cultural exchanges between Kerala and Maharashtra, with Brigadier A Y Rajan officiating and winners of various competitions being awarded.



The National Cadet Corps 32 Kerala Battalion Company 3 Nehru Arts and Science College Kanhangad organized Ek Bharath Shrest Bharath Programme with the students of Himachal Pradesh Central University. The cadets presented National Integration Awareness Programme (NIAP) and presented the art forms of Kerala before the Himachal Pradesh students. The Himachal Pradesh Cadets presented the art forms of their state. Lt Nandakumar Koroth presided over the programme. 20 cadets participated in the programme.





The Yuvasangam programme held at MNNIT Allahabad, 2023 was a dynamic event aimed at empowering youth from diverse academic backgrounds. Anamika Jayaraj, Pradamesh Kamath, and Ambili K, representing History, Commerce, and Economics respectively, actively participated in cultural performances, workshops, and seminars. The programme provided a platform for skill development, personal growth, and social awareness. Attendees engaged in lively discussions, networking opportunities, and community service projects, fostering a sense of unity and collaboration. Through inspiring speeches and practical sessions, students gained valuable insights into leadership, career pathways, and social responsibility. Overall, the Yuvasangam programme was a transformative experience, equipping participants with the skills and inspiration needed to navigate the challenges of the future with confidence and purpose.



NAStalgia

The Alumni Association of Nehru Arts and Science College organized a wonderful event called “NAStalgia” on April 21, 2018, where alumni came together for a special reunion. The highlight of the evening was a captivating performance by the famous South Indian dancer and film star, Lakshmi Gopalaswamy, and her talented team. They performed a blend of Indian classical dance styles, which not only impressed the audience but also showcased the beautiful mix of different cultures. Their performance reminded everyone of their college days and filled them with pride for their cultural heritage. “NAStalgia” was a touching reminder of how art can bring people together, creating a sense of unity among all who attended.



MARITHEYANGAL



The PG Department of History, Nehru Arts and Science College, Kanhangad, in collaboration with the Cooperative Arts and Science College, Madai, organized a field trip to Madai's historical sites on August 1, 2023. Dr. Nandakumar K coordinated the event, overseen by Sri C P Rajeevan, Sri A Johny, Dr. Sharafunnisa C H, Dr. Liji K, and Smt. Sharaniya L K. Sixty individuals participated, visiting the Madai Temple, Jews Pond, and Madai Fort. The students engaged with Sri Johny, Head of the Department of History at Cooperative Arts and Science College, Madai, enhancing their understanding of the region's historical significance.





MUDIYETT

Nehru Arts and Science College and the Kerala Folklore Academy teamed up for a special event called 'Aattam Fest.' Mudiyyett, an ancient art form, performed by Keezhillam Unnikrishnan and his team on November 11, 2022. Mudiyyett has a long history and is thought to help with community problems. The festival aimed to teach 1000 students and guests participated in this fascinating performance.



Y U V A U T S A V

Yuva Utsav was organised at NASC by the NSS Volunteers. The main objective of organizing Yuva Utsav is to encourage and promote the potential of young individuals and provide them with a platform to express themselves and interact with their peers.

These festivals play a significant role in nurturing the talent of young individuals, promoting cultural diversity, and providing a platform for their voices to be heard. They also contribute to building a sense of unity and camaraderie among the youth, fostering leadership skills, and encouraging a positive outlook towards the future.

